
▶ Apostolopoulou Antigoni

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Bionote

Antigoni graduated *magna cum laude* from the Psychology Department of the Panteion University in Athens, and was awarded a scholarship on academic merit from the Hellenic National Scholarship Foundations for her outstanding academic achievement. She then continued her studies in the graduate program in Counseling Psychology and Health, Education and Workplace Counseling of University of Athens. She is a licenced psychologist (licence number 454/2012) and a member in good standing of the Association of Greek Psychologists (ref. number 2187). She operates a private practice as a counseling psychologist and offers *pro bono* services at the Franco Basaglia Centre for Mental Health of the Association for Regional Development and Mental Health.

Education

Graduate studies: **MA in Counseling Psychology and Counseling in Health, Workplace and Education**, offered by the National and Kapodistrian University of Athens (Department of Preschool Education) and the Democritus University of Thrace (Department of Primary Education) (2013 – 2015)

Professional development program in Systemic Existential Counseling and Psychotherapy (Centre for Applied Psychotherapy and Counseling, Athens, Sophokleous 64 & Charokopou, +30 2108219210) (2013)

Undergraduate studies: **BA in Psychology**, Panteion University of Social and Political Sciences, Department of Psychology [8,99 / 10] (2007-2012)

Undergraduate studies: Degree from the **Rhodes Higher School of Tourism** [16,36 / 20] (1991-1994)

Scholarship

- **Autism: from Awareness to Acceptance.** Paper presented [in Greek] in the **Autism: Actions, not Words** one-day event organized by the *Magic Always Happens* NGO in the House of Cyprus [Educational Foundations of the Embassy of Cyprus in Greece]. Athens, 3/6/2015
- **Experiences and Practices of Mental Health Professionals in the Context of the Socio-Economic Crisis.** Presentation [in Greek] of follow-up and updated research findings in the 15th Panhellenic [National Greek] Psychological Research Conference, titled *Psychology in Greece and the Mediterranean*. Nicosia, 27-31/5/2015.
- **Experiences and Practices of Mental Health Professionals in the Context of the Socio-Economic Crisis.** Paper presented [in Greek] in the 5th Panhellenic [National Greek] Conference of Counseling

Psychology titled *Counseling Psychology: Contemporary Trends, Future Orientations*, organized jointly by the Counseling Psychology Branch of the Hellenic Psychological Society, the University of Ioannina, and the University of Patras, Patras, 11/2014.

- **Interrelations between locus of control, self-efficacy, belief in a fair world, and financial cooperation.** Thesis presented in a two-day *Student Research Conference in Psychology*, organized by the Panteion University of Social and Political Sciences. (Athens, 6/2011)

Professional Development

- Participation in the **1st Panhellenic [National Greek] Conference** of the Hellenic Association for Research and Prevention of Suicide and Violence. Athens, 13-15 /2/2015.
- Participation in the two-day seminar titled **Synthesizing Existential and Humanistic Approaches to Psychotherapy and Counseling**, facilitated by Dr. Kirk Schneider; organized by *Gignesthai*, Hellenic Association of Existential Psychology. Athens, 10/2014.
- Participation in the two-day conference titled **Social Values and their Place in 21st Century Europe: the Nexus with Behavior and Mental Health**, organized by the Branch of Intercultural Psychology of the Hellenic Psychological Society and the Centre for Intercultural Psychology of the University of Athens. Athens, 3/2014
- Participation in the two-day seminar titled **Experiential Psychotherapeutic Interventions**, facilitated by Prof. Anastasios Stalikas; organized by *Gignesthai*, Hellenic Association of Existential Psychology. Athens, 12/2013.
- Participation in the **14th Panhellenic [National Greek] Psychological Research Conference**, titled *Psychology in Critical Times*; organized by the Hellenic Psychological Society and the Democritus University of Thrace. (5/2013)
- Participation in the *Positive Relations: Theory and Practice* workshop, in the **14th Panhellenic [National Greek] Psychological Research Conference**, titled *Psychology in Critical Times*; organized by the Hellenic Psychological Society and the Democritus University of Thrace. (5/2013)
- Participation in the *Are we free to choose? Working on the paradox of freedom of choice and the existential givens* workshop, in the **14th Panhellenic [National Greek] Psychological Research Conference**, titled *Psychology in Critical Times*; organized by the Hellenic Psychological Society and the Democritus University of Thrace. (5/2013)
- BA Thesis titled **Interrelations between locus of control, self-efficacy, belief in a fair world, and financial cooperation**, under the supervision of Prof. M. Sakalakis. (Pass with Honor, 9/10) (1/2012)
- Participation in the **13th Panhellenic [National Greek] Psychological Research Conference** titled *From Individual Differences to Differentiation*; organized by the Hellenic Psychological Society (5/2011)
- Participation in the **4th Panhellenic [National Greek] Conference of the Clinical Psychology and Health Psychology Branch** of the Hellenic Psychological Society, titled *Community Clinical Psychology, Health Psychology and Public Health* (Athens, 11/2010)
- Participation in the *Depression in Literature* Workshop in the **4th Panhellenic [National Greek] Conference of the Clinical Psychology and Health Psychology Branch** of the Hellenic Psychological Society, titled *Community Clinical Psychology, Health Psychology and Public Health* (Athens, 11/2010)

Indicative titles of monographs translated (from English into Modern Greek, 1998-2008)

- ◆ International Economics, 6th Edn, Husted/Melvin
- ◆ Management for Engineers, Scientists and Technologists, Chelsom/Payne/Reavill
- ◆ Redefining Health Care, Porter /Teisberg
- ◆ Industrial Organization, Theory & Practice, Waldman/Jensen
- ◆ Entrepreneurship and Small Business Management, Glencoe
- ◆ eCommerce – Formulation of Strategy, Plant
- ◆ Tourism Development, Gartner
- ◆ Performing in Extreme Environments, Armstrong
- ◆ Inter-act: Using Interpersonal Communication Skills, Verderber / Verderber
- ◆ Essentials of Marketing, Lamb / Hair / McDaniel
- ◆ Soap, sex and cigarettes: A cultural history of American advertising, Sivulka

Professional Experience

Υπαρξέ, Counselling, Psychotherapy and Research Centre

Private practice

Association for Regional Development and Mental Health **Franco Basaglia Day Centre**
Pro bono services

Association for Regional Development and Mental Health **Franco Basaglia Day Centre**
Practicum in the context of the MA in Counseling Psychology and Health, Education and Workplace Counseling graduate program (7/2014 -9/2015)

Ion Publications

Translator, Exclusive Associate (1998 – 2008)

Food Plus S.A., “Pizza Hut”

Assistant Restaurant Manager in restaurants operated by the chain (1994-1998)

Professional and Language Skills

► Languages

- ❖ **Modern Greek** (Native speaker)
- ❖ **English** (Certificate of Proficiency in English)
- ❖ **French** (Certificat de Langue Française)
- ❖ **Italian**

► IT Skills:

- ❖ **MICROSOFT OFFICE SPECIALIST** certified user of **Microsoft Excel**
- ❖ **MICROSOFT OFFICE SPECIALIST** certified user of **Microsoft Word**

